

It possible to [join the International Society of Hypertension](#) (ISH) for free.

Introducing a membership option at no cost is part of a series of changes we have recently made to our membership structure, to make ISH membership more accessible.

Our current membership options are:

Associate membership (free membership) is for anyone with an interest in hypertension and the work of the ISH. Associate members get access to a newly created ISH member portal containing member-only resources and receive all ISH communications direct to their inbox.

Full membership is open to those who have made demonstrable contributions in hypertension care and research. Members in this category pay an annual fee and receive enhanced member benefits including the right to vote in ISH elections. ISH member fees for 2024 are:

- 50 USD per year
- 20 USD per year for people in [Research4Life countries](#)
- Fees are waived for those in Ecuador, Sudan or Ukraine.

Trainees can also gain full membership of the ISH at no cost. This category is for postdoctoral fellows, residents and graduate students (Masters or PhD).

Details of all ISH membership options are on our website: <https://ish-world.com/join-ish/>

We encourage any of your members who wish to join the ISH for free to do so.

Application form: <https://members.ish-world.com/register-ish>

What you can do

Share our [LinkedIn post](#) about free ISH membership

Share our [Facebook post](#)

Share our [post on Twitter/X](#)

Yours sincerely

Bryan Williams
President, International Society of Hypertension

Débora Colombari
ISH Membership Committee Chair



www.ish-world.com
www.ish2024.org